

**CELIAC DISEASE AWARENESS:
LET'S SPREAD IT FAR AND WIDE.**

Celiac disease is a genetic, autoimmune disorder affecting both children and adults. People with Celiac disease are unable to tolerate foods that contain gluten (found in foods containing wheat, rye, barley, and their derivatives.)

Although Celiac disease is one of the most common chronic health disorders in western countries, **IT IS ALSO ONE OF THE MOST UNDERDIAGNOSED.** Recent studies show that around 3 million Americans, or about 1 in 133 people have Celiac disease, but over 2.5 million are as yet undiagnosed.

Without greater awareness and screening, Celiacs are at greater risk for developing additional health disorders, many of which are avoidable with diagnosis and treatment. **PLEASE HELP US SPREAD THE WORD...**



help us spread it far and wide!

Join us for the 11th annual Walk for Celiac Disease Awareness (Making Tracks for Celiacs) on Saturday, May 12th at the Clarence Town Park, located at 10405 Main Street.

Enjoy a 1.5 or 3 mile walk conducted by the WNY Gluten Free Diet Support Group, Inc. Funds raised for Celiac disease research will go to the University of Maryland Center for Celiac Research and other national and local Celiac initiatives.

BEFORE THE WALK:

- Vendors and sponsors will be offering gluten-free samples and goods for sale
- Free moisture-wicking t-shirt to the first 200 participants who register with a minimum of \$15.00 in donations.
- The Buffalo Bandits cheerleaders will be kicking off the event with us again this year!

AFTER THE WALK:

- Ice cream, snacks and beverages
- Vendors and sponsors will be offering gluten-free samples and goods for sale
- Goodie bags filled with GF treats & coupons will be issued to the first 200 walkers, after prizes are announced.

PLUS, FUN FOR THE KIDS:

- clown
- face painting
- bounce house: weather permitting

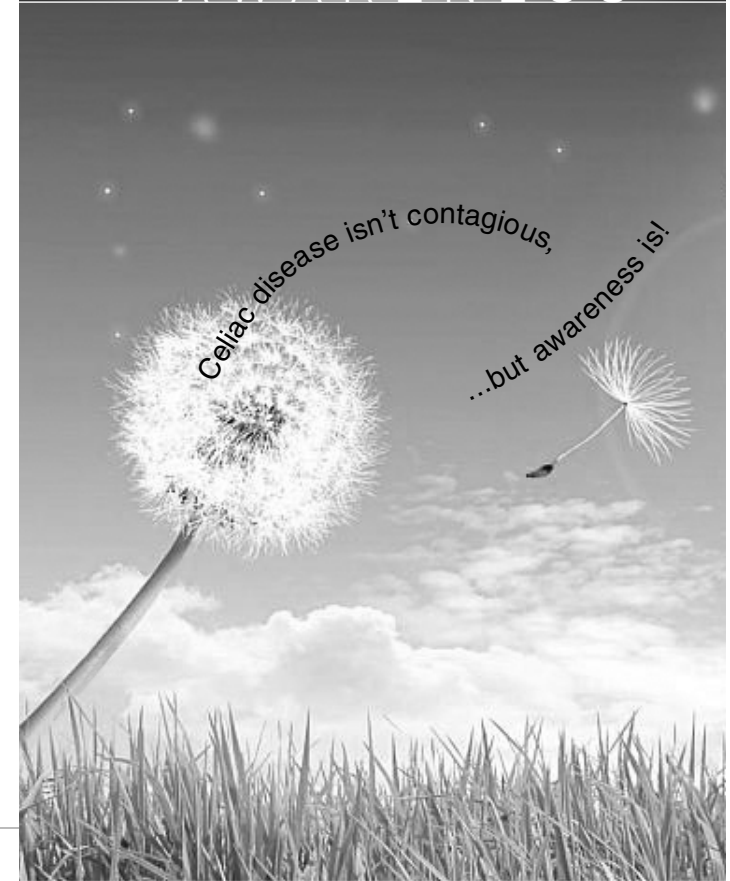
After the walk, enjoy the village of Clarence. Brochures will be available.

DIRECTIONS:

Take Main St. East/North • 5 miles from Main & Transit • Watch for signs at the Park • Bear right to the main pavilion by the pool.

JOIN US FOR THE 11TH ANNUAL

WALK for Celiac Disease AWARENESS



SATURDAY, MAY 12, 2012
at the Clarence Town Park on Main Street

