2013 WALK FOR CELIAC AWARENESS

Before, During and After the Walk there will be **Vendors** selling goods and giving samples of Gluten Free Products.

There will also be light refreshments, coffee, juice and snacks available

Over 100 goodie bags distributed after the walk on a first come first serve basis. These bags contain samples and coupons for gluten free related items.

FUN FOR THE KIDS!

Clown and balloon maker
Face painting

Bounce House (weather permitting)

"Making Tracks for Celiacs"

Enjoy a 1.5 or 3 mile walk led by our own Buffalo Bandits Cheerleaders!

Funds raised for Celiac disease research will go to the Center for Celiac Research at Massachusetts General Hospital and other national and local Celiac initiatives.

CELIAC DISEASE

is a genetic, autoimmune disorder affecting both children and adults. People with Celiac disease are unable to digest foods that contain gluten (found in wheat, rye, barley and their derivatives.)

Although Celiac disease is one of the most common chronic health disorders, it is also one of the most under-diagnosed. Recent studies show that around 3 million Americans, or about 1 in 133 people have Celiac Disease but over 2.5 million are as yet undiagnosed.

Without greater awareness and screening, Celiacs are at greater risk for developing additional health disorders, many of which are avoidable with diagnosis and treatment.

HELP US SPREAD THE WORD!

CLARENCE TOWN PARK LOCATION & DIRECTIONS:

10405 Main Street

Take Main Street East/North + 5 Miles from Main & Transit + Watch for Signs at the Park+ Entrance on the right + Bear right to the main pavilion.

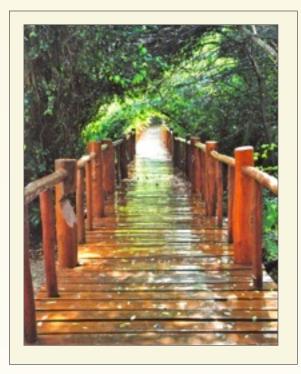
CONTACT INFORMATION:

GEORGETTE M. ROMANI 716 432-3338

GMR.CELIAC@VERIZON.NET
OR
WWW.BUFFALOGLUTENFREE.ORG
OR
WWW.CELIACWALK.ORG

2013 WALK

FOR CELIAC DISEASE AWARENESS



- Commercial Commercia

Please join the WNY Gluten Free Diet Support Group and Celiacs Across America For the 12th Annual Walk for Celiac Disease Awareness.

Saturday May 11th 2013

at: The Clarence Town Park



How To REGISTER:

You can register and collect donations online by going to the International walk site: www.celiacwalk.org. Click on the left side link: PARTICIPANT REGISTRATION. Be sure to click the BUFFALO walk when registering. By registering online, you can email information to all of your friends/family with one click so they may make online donations.

You can also register in person the day of the walk.

Registration begins at 9:30 am

Walk begins at 10:30 am

Saturday May 11th, 2013

- Free walk t-shirt to the first 200 participants to arrive!
- The Person with the largest total sponsor amount over \$ 150.00 wins the Grand Prize. Other prizes will also be awarded based on sponsor amounts collected.

| THOME NOMBER. | | | | |
|---------------|----------------|------------------|--|--|
| Sponsor Name | Sponsor E-Mail | Donation Amount: | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |

WALKERS NAME:

We are requesting a minimum donation of \$ 20.00 per adult walker and \$ 5.00 for children ages 5-12. Children under 5 are free.

Please bring this form with you the day of the Walk

I, the undersigned, agree to indemnify and hold harmless the Town of Clarence and Clarence Town Park, the Western New York Gluten Free Diet Support Group, Inc. and authorize volunteers, from and against all claims, damages, losses and expenses, including attorney fees, arising out of the permitted activity or event, if such claim I) is attributable to personal injury, bodily injury, disease or death, or injury to, or destruction of property, including the loss of use therefrom, and 2) is not caused by the negligent act or omission or willful misconduct of the Town of Clarence and Clarence Town Park, or their employees acting within the scope of their employment. An adult must accompany all children under the age of 12. A parent or legal guardian must sign if applicant is under 18 years of age.

| Signature: | | |
|------------|--|--|
| - | | |